

APPROVED BIBLE JOURNALING ART SUPPLIES

BY MOVE THE MOUNTAINS



Move the Mountains

What is bleeding?

Bleeding is an art term where the medium leaks through to the opposite side of the page and even subsequent pages.

What is shadowing?

Shadowing is an art term where the medium cast a shadow that can be seen through the back of the page.

What is gesso?

Gesso is an acrylic paint that can be used to maintain the integrity of a Bible page. We suggest Art Basics clear gesso for Bible journaling but it is not necessary.

Pencils

Almost any WAX based pencil is safe for your journaling Bible but Prismacolor pencils are widely regarded as the highest quality pencil around. We suggest the pencils found in our Bible Journaling Pencil Kit. There will be light to no shadowing.

Stamp Ink

Here is where you must do your research! Many stamp inks will bleed through to several pages. While the best ink is probably Staz On, you must use it with a light amount of pressure on the ink pad and Bible page. Unless you use gesso, there will be light to moderate shadowing.

THERE ARE MANY ART SUPPLIES THAT ARE PERFECTLY SAFE FOR YOUR JOURNALING BIBLE, THEN THERE ARE SOME THAT CAN DESTROY ITS PAGES. THIS LIST IS THE **APPROVED LIST** FOR MOVE THE MOUNTAINS BECAUSE WE HAVE TRIED THESE OURSELVES.

Pens

At this time, we can only suggest Micron pens. They come in a variety of colors and we offer (at least) one black on each each of our Bible journaling kits.

As with most anything you use in your Bible, there will be light to moderate shadowing.

Pro Tip 1:

Always place a piece of paper behind the page you are journaling on no matter what your medium.

Pro Tip 2:

Buy at least one Micron pen, it can be used for writing, drawing, hand lettering and more!

Watercolor

Most watercolors are safe for your journaling Bible but if you are not an experienced artist, we recommend watercolor cakes versus tubes because of their ease of use. We suggest the Pelikan brand found in our Bible journaling kit.

Unless you prep your page with gesso, your Bible page will likely crinkle slightly and have a touch of shadowing.

Pro Tip 3:

If you don't feel very artistic, follow us on Pinterest to get regular Bible journaling inspiration!

Pro Tip 4:

If you mess up your margins, all is not lost! You can gesso, decoupage, or wash tape a pretty piece of scrapbook paper over it!

Markers

Markers are also slightly dangerous to journaling Bible. You have to get a high quality marker in order to prevent bleeding. We suggest Tombow brush pen markers.

There will be light to no shadowing.