# APPROVED BIBLE JOURNALING ART SUPPLIES

BY MOVE THE MOUNTAINS



# What is bleeding?

Bleeding is an art term where the medium leaks through to the opposite side of the page and even subsequent pages.

# What is shadowing?

Shadowing is an art term where the medium cast a shadow that can be seen through the back of the page.

### What is gesso?

Gesso is an acrylic paint that can be used to maintain the integrity of a Bible page. We suggest Art Basics clear gesso for Bible journaling but it is not necessary.

# PENCILS

Almost any WAX based pencil is safe for your journaling Bible but Prismacolor pencils are widely regarded as the highest quality pencil around. We suggest the pencils found in our Bible Journaling Pencil Kit. There will be light to no shadowing.

# STAMP INK

Here is where you must do your research! Many stamp inks will bleed through to several pages. While the best ink is probably Staz On, you must use it with a light amount of pressure on the ink pad and Bible page.
Unless you use gesso, there will be light to moderate shadowing.

THERE ARE MANY ART SUPPLIES THAT ARE PERFECTLY SAFE FOR YOUR JOURNALING BIBLE, THEN THERE ARE SOME THAT CAN DESTROY ITS PAGES. THIS LIST IS THE **APPROVED LIST** FOR MOVE THE MOUNTAINS BECAUSE WE HAVE TRIED THESE OURSELVES.

# PENS

At this time, we can only suggest Micron pens. They come in a variety of colors and we offer (at least) one black on each each of our Bible journaling kits.

As with most anything you use in your Bible, there will be light to moderate shadowing. Many gel pens are also safe but it is important test them yourself.

# WATERCOLOR

Most cake and tube
watercolors are safe for your
journaling Bible, but not liquid
watercolors. We recommend
watercolor cakes versus tubes
because of their ease of use.
We suggest the Pelikan brand
found in our Bible journaling
kit. Be warned. unless you
prep your page with gesso,
your Bible page will likely
crinkle slightly and have a
touch of shadowing.

# MARKERS

Markers are dangerous to journaling Bibles. We cannot suggest at this time a marker that will not shadow/bleed when used. In the past, we have used Tombow and Faber-Castell - PITT Artist Pens, but they

are not full-proof.

### Pro Tip 1:

Always place a piece of paper behind the page you are journaling on no matter what your medium.

### Pro Tip 2:

Buy at least one Micron pen, it can be used for writing, drawing, hand lettering and more!

# Pro Tip 3:

If you don't feel very artistic, follow us on Pinterest to get regular Bible journaling inspiration!

### Pro Tip 4:

If you mess up your margins, all is not lost! You can gesso, decoupage, or washi tape a pretty piece of scrapbook paper over it!

# Pro Tip 5:

If you get a new art supply and you aren't sure if it will ruin your pages, test them on the pages in the back!

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